

2-ND  
HAND  
DANCE

# GRASS

*Films*

**SUNNY DAYS** and **INSECT HANDS**

**A DIGITAL DOUBLE BILL**

For streaming, indoor & outdoor screenings, and schools



[WWW.SECONDHANDDANCE.CO.UK](http://WWW.SECONDHANDDANCE.CO.UK)

Shot in the great outdoors, both films celebrate the magic of the natural world - rolling in long grass, finding spiders in the park and the warm feeling of the sun on your face. **Sunny Days** and **Insect Hands** will inspire you to look a little more closely at the world around you, get moving, get outside and play.

The double bill is accompanied by interactive activities and available with or without audio description. Additional films are available for those children who explore the world in a more sensory way.

Suggested age range: Children aged 4-7

Key Themes: nature and the natural environment, movement, imagination, curiosity, minibeasts

Created by Rosie Heafford, winner of the Arts Foundation Children's Theatre Shortlist Award



GRASS

Films

# EXPLORE THE WORLD BENEATH YOUR FEET

Look down. What are you standing on?  
Explore the ground and all its wriggling inhabitants  
in this double bill of quirky dance films.



## SUNNY DAYS (5 mins 17)

Feel, hear & smell the world around you. Roll in the long grass, scrunch it beneath your fingers & take a long deep breath. Sunny Days encapsulates the magic of being free, of moving with abandon, and playing in the outdoors. A dance film for little explorers.

Confidential link to preview film: <https://vimeo.com/497282992>

Confidential link to preview film (with audio description): <https://vimeo.com/497299322>

Password: GrassFilm

## INSECT HANDS (6 mins 38)

Join Takeshi & his animated minibeast friends for a dance in the great outdoors. A dance that invites you to look a little more closely at the world around you. Autumnal blooms, tickly toes & scrunchy leaves inspire you to get outside, get moving, & play. How many insects can you spot?



Confidential link to preview film: <https://vimeo.com/497264911>

Confidential link to preview film (with audio description): <https://vimeo.com/497271971>

Password: GrassFilm

Sunny Days photos by Foteini Christofilopoulou

Insect Hands photos by Alice Underwood

## **Sensory Films**

Each film can be accompanied by three sensory films. These films can be used:

- As an additional access point to the GRASS films for children who experience the world in a more sensory way
- As a stimuli for creative play and physical movement when used in conjunction with the Schools Activity Pack.

*"The sensory world gives us a wonderful opportunity to meet as equals and to explore the moment of life that we are sharing. Engaging and exploring sensation through the famous five senses, and beyond into the subconscious senses like vestibulation and proprioception enables us, regardless of disability, ability and neurodiversity to touch the now."*

(Joanna Grace, Sensory Engagement Specialist, 2020)

## **Schools Activity Pack**

This pack provides teachers with movement prompts linked to the sensory films. They can be used as part of curriculum activities or as a wider project. The ideas can be used as 'starter activities' for a longer scheme of work and to explore your own adventures. The pack includes all of the Family Activities (see below) as well as extension activities linked to different subjects including:

- Writing and poetry
- Counting, sequences and sorting
- Science and experiments
- Art and Music
- Geography and weather
- PE and Gymnastics

## **Family Activities**

Designed for families to use at home, activities include:

- Ideas for a warm up and cool down
- Practical movement and play suggestions
- Activities to try using props you might have at home
- Arts and crafts activities

## **Sensory Films and Activity Pack Outcomes**

- Enjoy a shared creative experience with family / community / school
- Develop movement skills such as balance, co-ordination & body awareness
- Build confidence and use imaginations through creative activities
- Develop and draw on sensory awareness & exploration – using all the senses including vestibular and proprioception
- Have fun!

## Pricing Structure

At Second Hand Dance we try to keep our pricing affordable. The costs below are a guide for budgetary purposes and are flexible depending on your individual needs. If you would like to discuss fees please contact:  
Claire Summerfield [claire@tandemworks.uk](mailto:claire@tandemworks.uk) or +44 (0) 7976 371 124

<b>PUBLIC SCREENINGS:</b>	
<b>Grass Films</b>	
2 days - unlimited access	£350 per film
1 week - unlimited access	£600 per film
<b>Sensory Films &amp; Family Activities</b>	
2 days - unlimited access	£150 for each set of three sensory films
1 week unlimited access	£250 for each set of three sensory films
<b>SCHOOLS:</b>	
<b>Grass Films</b>	
Up to 5 days unlimited access for up to 10 schools	£350 per film
<b>Sensory Films &amp; Schools Activity Pack</b>	
Up to 5 days unlimited access for up to 10 schools	£150 for each set of three sensory films

## About Second Hand Dance

Second Hand Dance, led by Artistic Director Rosie Heafford and Executive Producer Claire Summerfield, has a national and international reputation for creating exceptional, thought provoking, joyful and highly visual dance work for family and adult audiences. Its work has been presented on three continents and just under a million people have watched its work, live or online.

### Find us online

[www.secondhanddance.co.uk](http://www.secondhanddance.co.uk)  
[hello@secondhanddance.co.uk](mailto:hello@secondhanddance.co.uk)



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